

Girls – DeSoto, Killeen, Duncanville, Skyline, Red Oak, Pinkston, McKinney Boyd, Mesquite, San Antonio Reagan, Mansfield Legacy, Austin Anderson

SCHEDULE OF EVENTS

DeSoto Nike Invitational

February 25, 2023



7:50 - 8:10am Coaches' Meeting (Track Field House Classroom)

8:30am Field Events: LJ & TJ VARSITY will have 4 attempts; JV will have 3 attempts

Pit 1 VG Long (Minimum 15'), VB Long (Minimum 19'), JVG Long Jump (13'), JVB Long (17')

Pit 2 JVB Triple Jump, JVG Triple Jump, VG Triple Jump, VB Triple Jump

High Jump: VB, JVB, VG, JVG

Shot Put: VB, JVB, VG, JVG (Located south of stadium across parking lot.)

Discus: VG, JVG, VB, JVB (Located south of stadium across parking lot.)

Minimum Measurements for Shot Put

VB – 35', JVB – 30', VG – 28', JVG - 25'

Minimum Measurements for Discus

VG – 80', JVG – 60', VB – 90', JVB – 70'

**Varsity competitors in Shot and Discus will receive 4 throws, JV competitors will receive 3 throws.

10:00 am 3200m Run JVG, VG, JVB, VB

11:30am *Lunch provided for all coaches

**12:00 pm Pole Vault: Boys followed by Girls (JV and Varsity will compete together)
** After the completion of High Jump ****

1:00pm RUNNING FINALS (*Rolling Schedule*)

4x100m Relay (JVG, VG, JVB, VB) YELLOW ARROWS

800m Run (JVG, VG, JVB, VB)

100/110m Hurdles (JVG, VG, JVB, VB) (33"/39")

100m Dash (JVG, VG, JVB, VB)

4x200m Relay (JVG, VG, JVB, VB) GREEN-GREEN-YELLOW ARROWS

400m Dash (JVB, VG, JVB, VB)

300m Hurdles (JVG, VG, JVB, VB) (30"/36")

200m Dash	(JVB, VG, JVB, VB)	
1600m Run	(JVG, VG, JVB, VB)	
4x400m Relay	(JVG, VG, JVB, VB)	BLUE ARROWS