

Clemens Invitational – Thursday, 2/23/2023

1. There will be no prelims.
2. All entries will be through MileSplit TX. **Entries are due by Monday, 2/13/2023- 8 p.m.**
3. Athletes in field and running events need to be instructed to take care of the running events first, but to report to the field event station and inform the judge.
4. Contestants should remain in the bleachers except when reporting to field events and warming up for contests.
5. Only 1/4 pyramid spikes allowed on the track. **DO NOT WALK IN THE STANDS WITH SPIKES.**
6. Starting Blocks will be FURNISHED.
7. NO radios or sound machines without earphones should be used.
8. **AWARDS:** Please pick up in Coach's office at the conclusion of the meet. The Coach's office is across from the weight room. **Results will be on MileSplit TX.**
9. Team camps will be on the Visitor's side of the stadium or in the bleachers by the scoreboard.
10. Buses may park by the stadium (scoreboard end) or by the tennis courts.

FIELD EVENTS (4:30P.M.)- See attached field event order!

RUNNING EVENTS (4:30 P.M.) - SEE BELOW

4:30 p.m. - 3200 Meter Run (JV girls, Varsity Girls, JV Boys, Varsity Boys)

*** We will start the 4x100 after the JV long jumps are completed because they are on the track!

400 Meter Relay (JV Girls, Varsity Girls, JV Boys, Varsity Boys)

800 Meter Run (JV Girls, Varsity Girls, JV Boys, Varsity Boys)

100 meter Hurdles (JV Girls, Varsity Girls)

110 meter Hurdles (JV boys, Varsity Boys)

100 Meter Dash (JV girls, Varsity Girls, JV Boys, Varsity Boys)

800 Meter relay (JV girls, Varsity Girls, JV Boys, Varsity Boys)

400 Meter Dash (JV girls, Varsity Girls, JV Boys, Varsity Boys)

300 Meter Hurdles (JV girls, Varsity Girls, JV Boys, Varsity Boys)

200 Meter Dash (JV girls, Varsity Girls, JV Boys, Varsity Boys)

1600 Meter Run (JV girls, Varsity Girls, JV Boys, Varsity Boys)

1600 Meter Relay (JV girls, Varsity Girls, JV Boys, Varsity Boys)